

THE INTERNATIONAL SCIENTIFIC CONGRESS
„SPORT, OLYMPISM, HEALTH“
9th Edition

December 05-07, 2024 - Chisinau, Republic of Moldova



PANELS:

Olympism and Olympic movements. Philosophical, socio-economic, legal, and management insights into physical culture

Sports in education. The professional training of teachers

Innovative technologies and the scientific and methodical fundamentals of the athletes' contemporary training system

Sports medicine, kinetotherapy and recreational physical culture

The Institute of Physical Education and Sport of Moldova State University, one of the most dynamic higher education institutions from the Republic of Moldova, in partnership with the Department for Relations with the Republic of Moldova, has the pleasure of inviting you to the International Scientific Congress „Sport, Olympism, Health“, to be held during December 05-07, 2024.

The **International Scientific Congress „Sport, Olympism, Health”** (SOH 2024) is an event that reached its 9th edition, aiming to bring together specialists and researchers in physical education and sports, health, kinetotherapy, sports medicine, Olympism, recreational physical culture in order to facilitate academic cooperation, best practices exchange, thus leading to innovation.

Organizing institution:

Institute of Physical Education and Sport of Moldova State University

Partner:

Department for Relations with the Republic of Moldova

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Please check the university's website for the congress programme: www.usefs.md.

We are looking forward to your participation!

CONFERENCE STRUCTURE

THURSDAY, December 05, 2024

Welcome Day

FRIDAY, December 06, 2024

9:00 a.m. Registration of participants

10:00 a.m. Opening Session

10:30 a.m. Keynotes Presentations

1:00 p.m. Lunch break

2:00 p.m. Parallel Panels

7:00 p.m. Gala Dinner

SATURDAY, December 07, 2024

10:00 a.m. Parallel Panels

2:00 p.m. Closing Session

FRIDAY, December 06, 2024

9:00 a.m.

Registration of participants

10:00 a.m.

Conference opening ceremony

Viorel DORGAN

Director of Institute of Physical Education and Sport of Moldova State University

Igor ŞAROV

Rector of Moldova State University

Sergiu GURIN

State Secretary for youth and sports, Ministry of Education and Research of the Republic of Moldova

Larisa POPOV

Vice-president of the National Olympic and Sports Committee of the Republic of Moldova

Marian BARBU

Rector of “Dunărea de Jos” University of Galati, Romania

Gaziev SHUKURJON

Vice-rector of science and innovation of Uzbek State University of Physical Education and Sport

Mihail ONOI

Deputy Director of the National Agency for Quality Assurance in Education and Research

10:30 a.m. –
1.00 p.m.

Keynotes Presentations

Moderator: Irina Volcu

**George Valentin Dina,
Romania**

**The role of sensory communication in
training skills in volleyball**

**Branislav Antala,
Slovakia**

**Exploring the perspectives of quality
physical education in active schools**

**Marina Bulatova,
Ukraine**

**The Olympic Movement after the Paris
2024 Olympics Perfection**

**Gheorghe Braniște,
Republic of Moldova**

**Sport as a tool of diplomacy: The impact
of Olympic successes on global
perception**

**Dario Novak,
Croatia**

**Physical Education in Europe.
Preliminary findings from the 4th
worldwide survey of quality physical
education**

**Vladimir Platonov,
Ukraine**

Athlete's rights in contemporary sport

**Viorel Dorgan,
Republic of Moldova**

**Current issues in sports research
activity**

2:00 p.m.

Panels

**Olympism and Olympic movements.
Philosophical, socio-economic, legal, and management insights
into physical culture
(conference room no. 105)**

**Moderators: Gheorghe Volcu
Victoria Leșco**

Ababei C. (Romania)

THE ROLE OF MORAL, ETHICAL, AND SPORTING PRINCIPLES IN
COMBATING BULLYING IN SCHOOLS

Ababei R. (Romania)

STUDY ON PRACTICE SPORT'S MOTIVATION BY STUDENTS IN SCHOOL
SPORTS CLUBS

Arsene I. (Moldova)

CORRELATIONS BETWEEN HEALTH, SPORTS, AND THE VALUES OF
OLYMPISM

Cireș V. (Moldova)

HUMAN RESOURCES POLICIES AND STRATEGIES IN SPORTS ENTITIES

Gîdei M., Amelicichin E. (Moldova)

COMMUNICATION STRATEGY AT THE LEVEL OF A SPORTS
ORGANIZATION

Gurin S. (Moldova)

HISTORIOGRAPHY OF SPORT IN THE MOLDAVIAN SSR

Leșco V. (Moldova)

UNIVERSITY SPORT AS A MEANS OF INTEGRATION FOR FOREIGN
STUDENTS: CHALLENGES AND OPPORTUNITIES IN THE CONTEXT OF
MIGRATION

Necula G.-A. (Romania)

MODERN STRATEGIES OF INTEGRATED LANGUAGE TEACHING AND SUBJECT CONTENT. TRAINING OF PHYSICAL EDUCATION AND SPORTS TEACHERS

Onoi M. (Moldova)

THE CHARACTERISTICS OF ECONOMIC DEVELOPMENT OF THE REGIONS OF THE REPUBLIC OF MOLDOVA IN THE CONTEXT OF THE ORGANIZATION OF SPORTS EVENTS

Razmireț V. (Moldova)

PSYCHOSOCIAL CHARACTERISTICS OF FOREIGN STUDENTS WHO PRACTICE SPORTS AND THE ONES WHO DO NOT PRACTICE A SPORT

Sava P., Truhin I. (Moldova)

PARTICIPATION OF ATHLETES FROM THE REPUBLIC OF MOLDOVA IN THE SUMMER OLYMPIC GAMES

Scobioală G. (Moldova)

THE INTERACTION BETWEEN MOTOR AND PSYCHOLOGICAL FACTORS IN THE ACADEMIC EVALUATION OF STUDENTS IN THE CIVIL AND PUBLIC SECURITY SPECIALIZATION

Volcu G. (Moldova)

USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES IN FITNESS CENTERS

Volcu I. (Moldova)

MANAGERIAL APPROACHES TO FACILITATE THE SOCIO-CULTURAL INTEGRATION OF FOREIGN STUDENTS IN THE ACADEMIC ENVIRONMENT

Sports in education. The professional training of teachers

(conference room no. 105)

Moderators: Victor Buftea

Carolina Moga

Bardan I. (Romania)

SPORTS MANAGER ROLE IS THE HEART OF COMMUNITY

Cacian D. (Moldova)

METHODOLOGICAL FOUNDATIONS AND LEARNING DIFFICULTIES OF THE FRENCH LANGUAGE FOR STUDENTS WITH A SPORTS PROFILE

Cacian D., Bardier A. (Moldova)

THE IMPORTANCE OF FOREIGN LANGUAGES AND THE MIX OF FRENCH AND ENGLISH IN SPORTS TERMINOLOGY

Carp I., Truhin I. (Moldova)

THE DEVELOPMENT OF COMBINED MOTOR SKILLS OF SECONDARY SCHOOL PUPILS

Ciorbă C. (Moldova)

MOTIVATING YOUNG PEOPLE REGARDING THE CHOICE OF TEACHING PROFESSION IN THE FIELD OF PHYSICAL EDUCATION AND SPORTS

Conohova T. (Moldova)

THE ROLE AND PLACE OF VOLLEYBALL IN THE SYSTEM OF PHYSICAL EDUCATION OF STUDENTS IN HIGHER EDUCATIONAL INSTITUTIONS

Delipovici I., Deleu I. (Moldova)

THE INFLUENCE OF PHYSICAL EDUCATION LESSONS ON THE FUNCTIONAL STATE OF ADOLESCENTS

Enășoaiu A., Boghiu R.E., Militaru A.-R. (Romania)

CHARACTERISTICS OF TEACHING PHYSICAL EDUCATION TO STUDENTS OF PREPARATORY CLASSES IN EDUCATIONAL UNITS IN THE URBAN ENVIRONMENT OF NORTH-WEST ROMANIA

Feraru V., Tăbîrța V. (Moldova)

TABLE TENNIS IN PHYSICAL EDUCATION PRACTICE FOR UNIVERSITY STUDENTS

Ghețiu A. (Moldova)

ADULT EDUCATION – TENDENTIOUS MODERNITY

Grimalschi T., Nastas N. (Moldova)

THE EPISTEMIC FIELD OF THE ART AND SCIENCE OF MUSCULAR AND ENERGY-INFORMATION TESTING IN PHYSICAL EDUCATION AND SPORTS

Hîrdău B.N. (Romania)

THE ROLE OF THE CONTENT UNITS OF THE ATHLETICS MODULE IN THE DEVELOPMENT OF THE MOTOR SKILLS OF GIMNAZIAL STUDENTS – THEORETICAL ASPECTS

Ilași R.-C. (Romania)

PROFESSIONAL TRAINING OF TEACHERS. PHYSICAL EDUCATION IN EUROPEAN EDUCATION

Luca A. (Moldova)

TERMINOLOGICAL INTERFERENCES IN THE SUBLANGUAGES OF PHYSICAL EDUCATION AND SPORT

Lungu A. (Romania)

THE CONTRIBUTION OF A HYBRID PHYSICAL EDUCATION PROGRAM IN IMPROVING STUDENT PERFORMANCE

Macovei R.-A. (Romania)

PHYSICAL EDUCATION - ACCESS SUBJECT FOR THE INTEGRATED CURRICULUM APPROACH

Militaru A.-R., Enășoiaie A., Boghiu R.E. (Romania)

INVOLVEMENT OF PHYSICAL EDUCATION TEACHERS, IN THE LAST 5 YEARS, IN ENSURING AND COORDINATING EXTRACURRICULAR SPORTS ACTIVITIES OF SECONDARY SCHOOL STUDENTS

Moga C. (Moldova)

THE IMPACT OF THE COVID-19 PANDEMIC ON THE RESULTS OF THE REPUBLICAN PHYSICAL EDUCATION OLYMPIAD

Moroșan R., Moroșan I. (Moldova)

THE LEVEL OF ADAPTIVE POTENTIAL OF PHYSICAL EDUCATION TEACHERS AND THE FACTORS THAT INFLUENCE IT

Nastas N., Filipov V. (Moldova)

THEORETICAL AND METHODOLOGICAL ASPECTS REGARDING THE USE OF MUSIC IN THE PROCESS OF PSYCHOMOTOR ACTIVITY

Nicolaiciuc N. (Moldova)

THE INFLUENCE OF TOURIST ACTIVITIES ON STIMULATING THE DEVELOPMENT OF MOTOR SKILLS IN MIDDLE SCHOOL STUDENTS

Scheuleac A. (Romania)

EFFECTIVENESS OF SPINNING IN INCREASING ENDURANCE AND PHYSICAL HEALTH IN ADULT WOMEN

**Innovative technologies and the scientific and methodical
fundamentals of the athletes' contemporary training system**
(conference room no. 136)

Moderators: Lazari Povestca
Sergiu Sîrghi
Vasile Tăbîrța

Aftimichuk O. (Moldova)

THE SIGNIFICANCE OF RHYTHM IN THE TRAINING OF ATHLETES IN
VARIOUS SPORTS

Anghel L. (Moldova)

INCREASING THE LEVEL OF TECHNICAL TRAINING OF JUNIOR
TENNIS PLAYERS BY APPLYING CONTEMPORARY TRAINING
METHODS

Bodîrlău G.C., Potop V. (Romania)

ANALYSIS OF THE RELATIONSHIP BETWEEN STATIC BALANCE
INDICATORS IN PERFORMANCE SAMBO ATHLETES

Bosenko A., Orlyk N., Topchii M., Mykhaliuk Ye., Horokhovskiy Ye.
(Ukraine)

PHYSICAL PERFORMANCE OF FEMALE ATHLETES IN DIFFERENT
PHASES OF THE OVARIAN-MENSTRUAL CYCLE

Bunescu V., Nastas N. (Moldova)

PRE-COMPETITIVE, POST-COMPETITIVE FORECAST AND
COMPETITIVE DIAGNOSIS OF THE PERFORMANCE ATHLETES
BIORHYTHMS IN THE JUDO EVENT

Casandra S. (Romania), Carp I. (Moldova)

The evolution of modern technology in optimizing athletic performance in
speed events

Cavcaliuc A. (Moldova)

THE CHARACTERISTICS OF PHYSICAL EFFORT OF THE JUNIOR
WATER POLO PLAYERS' IN AN ANNUAL TRAINING CYCLE

Cazan L.-M., Vizitiu E. (Romania)

INCREASING THE PHYSICAL EFFORT CAPACITY OF STUDENTS WITH
SPECIAL EDUCATIONAL NEEDS IN INCLUSIVE SCHOOLS

Dina G.V., Dina L., Iordache G. (Romania)

THE MOTOR SKILLS SYSTEM SPECIFIC TO THE VOLLEYBALL GAME

Dina G.V., Dina L., Iordache G. (Romania)

THE ROLE OF SENSORY COMMUNICATION IN TRAINING SKILLS IN
VOLLEYBALL

Dîncă A.R. (Romania)

CLASSIFICATION OF THE TECHNICAL-TACTICAL ACTIONS OF
FOOTBALL PLAYERS IN THE GOALKEEPER POSITION

Dumitru R.C. (Romania)

THE CONTRIBUTION OF MENTAL AND BIOLOGICAL ENERGY TO
INCREASING THE QUALITY OF THE INDICES OF SPORTS TRAINING
FACTORS

**Ganchar I., Ganchar A. (Ukraine), Ciorbă C. (Moldova), Medinsky S.,
Protsenko A., Tsybulska V., Kiriienko O., Sukhanova H. (Ukraine)**

OBSERVATION OF PARAMETERS OF THE DYNAMIC STATE OF
SWIMMING SKILLS FORMATION IN MEN AND WOMEN MEDALISTS AT
THE XXXI WORLD AQUATICS CHAMPIONSHIPS: DOHA-2024, QATAR

**Ganchar I., Ganchar A. (Ukraine), Ciorbă C. (Moldova), Medinsky S.,
Protsenko A., Tsybulska V., Kiriienko O., Sukhanova H. (Ukraine)**

DYNAMICS OF SWIMMING SKILLS DEVELOPMENT INDICATORS
AMONG MEDALISTS OF DIFFERENT AGES AND GENDERS AT THE
XXXIII OLYMPIC GAMES 2024, PARIS, FRANCE

Ganchar I., Ganchar A. (Ukraine), Ciorbă C. (Moldova), Medinsky S., Protsenko A., Tsybulska V., Kiriyenko O., Sukhanova H. (Ukraine)

APPLICATION OF CONTROL OVER THE FORMATION OF SWIMMING SKILLS IN PRIZE-WINNERS OF DIFFERENT AGES AND GENDERS AT THE XXXVII EUROPEAN AQUATICS CHAMPIONSHIPS IN BELGRADE-2024, SERBIA

Gaziev Shukurjon (Uzbekistan)

IMPROVING THE EFFECTIVENESS OF ATTACKING ACTIONS OF ELITE SAMBO ATHLETES

Golovei A. (Moldova)

THE ROLE OF GPS TECHNOLOGIES IN THE TECHNICAL TRAINING OF JUNIORS IN THE SPORTS ORIENTEERING - THEORETICAL ASPECTS

Gorașcenco A. (Moldova), Kozlova E. (Ukraine), Svecla S. (Moldova)

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MODELING THE MOUNTAIN TRAINING CONDITIONS OF BIATHLONISTS AMID THE PANDEMIC

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Iorgu M. (Romania), Jurat V. (Moldova), Potop V. (Romania)

OPTIMIZING EXECUTION SPEED IN BOXING FOR YOUNG ATHLETES THROUGH COMPETITION-SPECIFIC TRAINING METHODS

Jianu A., Iorga A. (Romania)

THE ROLE OF STIMULATING CONNECTIONS BETWEEN THE VESTIBULAR, VISUAL AND PROPRIOCEPTIVE SYSTEMS IN RHYTHMIC GYMNASTICS PRACTICE

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DECISION MAKING IN DIFFERENT MARTIAL ARTS

Matis C. (Romania)

TECHNICAL TRAINING OF BEGINNER FOOTBALLERS

Moje C. (Romania)

SELECTION IN THE OINA GAME

Moroşanu A. (Romania)

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Mruţ I., Manolachi V., Postolachi A., Manolachi V. (Moldova)

PARTNER OR MANNEQUIN: METROLOGICAL JUSTIFICATION OF TWO VARIANTS OF TESTING WRESTLERS USING SPECIFIC LOADS

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ANALYSIS OF THE MOTOR TRAINING LEVEL OF BEGINNER FOOTBALLERS AT NATIONAL LEVEL

Mykhaliuk Ye., Horokhovskiy Ye., Bosenko A., Orlyk N., Topchii M. (Ukraine)

PREVALENCE OF THE DYSTONIC TYPE OF RESPONSE TO PHYSICAL ACTIVITY ACCOMPANIED BY THE PHENOMENON OF "INFINITE TONE" AND ITS UNDERLYING CAUSES IN ATHLETES

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THEORETICAL ASPECTS REGARDING THE INFLUENCE OF BREATHING SIMULATORS ON THE YOUNG SWIMMERS' PHYSICAL TRAINING

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THROWING BALLS AT THE TARGET TO DEVELOP COORDINATION AND PRECISION IN THE MILITARY

Polevaia-Secăreanu A. (Moldova)

GENDER THERAPY: GENERAL APPROACHES IN THE SYSTEM OF PSYCHOSOCIAL ADAPTATION OF PERSONS WITH SPECIAL NEEDS IN THE PROCESS OF MARTIAL ARTS TRAINING

Polyakova V. (Moldova)

CONCEPTUAL MODEL OF THE PROFESSIONAL TRAINING OF A FITNESS COACH

Popa S.G., Potop V. (Romania)

ANALYSIS OF VISUAL REACTION SPEED AT THE LEVEL OF LOWER LIMBS IN YOUNG FENCERS

Popescu V. (Romania)

METHODOLOGICAL STRATEGIES FOR PHYSICAL TRAINING OF REPRESENTATIVE ATHLETICS TEAMS

Povestca L., Bria P. (Moldova)

PLANNING THE TRAINING PROCESS OF HIGH PERFORMANCE LUGE RUNNERS IN AN ANNUAL CYCLE

Rahmoune M.A., Selmi O. (Tunisia), Alexe D.I. (Romania), Aydi B. (Tunisia)

THE IMPACT OF A SUGGESTED TRAINING PROGRAM BASED ON SMALL-SIDED GAMES ON DEVELOPING FOCUS ATTENTION AMONG SOCCER PLAYERS

Reaboi N. (Moldova)

THE ROLE AND IMPORTANCE OF MUSCLE ELASTICITY IN THE ARTISTIC TRAINING OF 5-8 YEAR-OLD FEMALE GYMNASTS

Romanchuk O., Guzii O. (Ukraine)

MODERN APPROACH TO CURRENT CONTROL OF FUNCTIONAL CONDITIONS IN SPORTS

Selmi O., Rahmoune M.A. (Tunisia), Alexe D.I. (Romania), Aydi B. (Tunisia)

IMPACT OF INTENSIVE TRAINING CAMP ON HEMATOLOGICAL CHANGES AND TRAINING LOAD IN YOUTH SOCCER PLAYERS

Sîrghi S. (Moldova)

THE OPTIMIZATION OF PHYSICAL TRAINING IN YOUNG FOOTBALL PLAYERS DEPENDING ON THEIR AGE AND DEVELOPMENT STAGE

Stepanov E., Postica S. (Moldova)

The study of the impact of swimming practices on the level of physical development and immunity of primary school children

Stepanova N., Cutas A. (Moldova)

THE DEVELOPMENT OF FREEDIVING IN MOLDOVA

Tăbîrța V. (Moldova)

SOME ASPECTS OF THE METHODOLOGY FOR TEACHING RECEIVING TECHNIQUES IN VOLLEYBALL FOR BEGINNER LEVEL PLAYERS

Tănasă B.I. (Romania)

THE IMPACT OF PRACTICING BADMINTON ON THE PHYSICAL AND COGNITIVE DEVELOPMENT OF SECONDARY SCHOOL STUDENTS

Tomozei R.-A., Andone L.-V. (Romania)

THE IMPORTANCE OF BIOMECHANICAL ASPECTS REGARDING THE TECHNIQUE OF HURDLING IN THE 110 METER EVENT

Trandafirescu E.-A., Potop V. (Romania)

SELF-CONFIDENCE AND EMOTIONAL INTELLIGENCE IN FEMALE SOCCER PLAYERS: A DESCRIPTIVE-CORRELATIONAL STUDY

Sports medicine, kinetotherapy and recreational physical culture
(conference room no. 105)

Moderators: Angela Tătaru
Aurica Zavalîşca

Andronache M. (Moldova)

EVALUATION OF THE EFFECTIVENESS OF THREE-DIMENSIONAL THERAPEUTIC EXERCISES IN THE KINESIOTHERAPY OF THORACOLUMBAR SCOLIOSIS IN ADOLESCENTS AGED 12 TO 14 YEARS

Anghel A., Anghel L. (Moldova)

CALCULATING BIORHYTHMS IMPROVES THE QUALITY OF HUMAN LIVE

Bardier A. (Moldova)

A COMPARATIVE STUDY OF POSTOPERATIVE REHABILITATION PROTOCOLS FOR TOTAL KNEE SURGERY

Cataraga A., Zavalîşca A., Rusnac F. (Moldova)

POSTOPERATIVE CARPAL TUNNEL SYNDROME RECOVERY

Chistol V. (Moldova)

THE CONCEPT OF "BODY SCULPTING" IN THE STRENGTH FITNESS SYSTEM

Craijdan O., Buzatu C. (Moldova)

THE INFLUENCE OF EMOTIONS ON THE PERFORMANCE OF RHYTHMIC GYMNASTS

Deleu I., Delipovici I. (Moldova)

ESTIMATION OF ANTHROPOMETRIC INDICES IN PERFORMANCE ATHLETES AT REST AND AFTER PHYSICAL EFFORT ON THE TREADMILL

Dorgan Victoria (Moldova)

ASPECTS OF MOTOR RECOVERY IN PRESCHOOL CHILDREN WITH PEDIATRIC CEREBRAL PALSY BY PHYSIOTHERAPEUTIC MEANS

Dorobăț S.-E. (Romania), Racu S. (Moldova)

COMPARATIVE STUDY ON THE INCIDENCE OF SHOULDER INJURIES IN HANDBALL

Dudnic E., Dudnic N. (Moldova)

THIOCYANATE BIOMARKER FOR ANALYZING THE DELETERIOUS EFFECTS OF SMOKING

Feraru M.-E., Moiescu P.C. (Romania)

THE IMPORTANCE OF EMOTIONAL DEVELOPMENT DURING PUBERTY

Geambașu A., Gligu S., Dina G.V. (Romania)

PSYCHOMOTOR COORDINATION IN THE CONTEXT OF NEURODIVERSITY

Grosu M. (Moldova)

THE IMPORTANCE OF MENTAL PROCESSES - AN ESSENTIAL FACTOR IN THE DEVELOPMENT OF TOURIST ACTIVITIES

Jouira G. (Tunisia), Alexe C.I. (Romania), Păun L.I. (Romania), Zwierzchowska A. (Poland), Savu C.V. (Romania)

IMPACT OF AUDITORY STIMULI ON POSTURAL BALANCE IN ADOLESCENTS WITH INTELLECTUAL DISABILITIES

Mihai I. (Romania)

PSYCHOPHYSICAL AND FUNCTIONAL RECOVERY OF SECONDARY SCHOOL AGE CHILDREN THROUGH AQUA FITNESS MEANS

Mocanu A. (Romania)

THE ROLE OF PLAYFUL ACTIVITIES IN THE PROCESS OF SOCIALIZATION OF CHILDREN WITH NEURODEVELOPMENTAL DISORDERS

Neculăeș M., Lucaci P. (Romania)

COMPLEX HUMERUS FRACTURES – SPECIFIC METHODS OF FUNCTIONAL REHABILITATION

Palaghia C. (Romania), Jurat V. (Moldova)

PREVENTION OF COMPLICATIONS ARISING IN THE COXOFEMORAL JOINT AFTER THE MALEOLAR FRACTURE

Romanchuk O., Panenko A. (Ukraine)

PECULIARITIES OF AUTONOMIC REACTIONS IN MEN WITH VERTEBROGENIC THORACALGIA DURING MANUAL THERAPY

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